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PRODUCT # FSUN UNIQUE C

A synergistic formulation which provides 1,000 mg of buffered Vitamin C in the Ascorbate form for optimum absorption and utilization. Contains minerals, bioflavonoids (Vitamin P) and pectin for the most complete Vitamin C complex available. Tablets are prolonged release.




INGREDIENTS:

Vitamin C (as Mineral Ascorbates)	1000 mg
Calcium	90 mg
Magnesium	40 mg
Zinc	2.5 mg
Manganese	125 mcg
Potassium (Citrate)	60 mg
Pectin	100 mg
Mixed bioflavonoids plus Rutin (Rose hips, Acerola cherry, orange, Lemon, Grapefruit, Hesperidin)	100 mg

Plus the following excipients: Cellulose, DiCalcium Phosphate, Magnesium Stearate (Vegetable Source) Stearic Acid (vegetable Source), Xanthan Gum.

This product is free of corn, egg, gluten, milk, sodium, added sugars, soy, wheat, starches, synthetic dyes, artificial flavorings and preservatives.

BENEFITS:

-  Maintains collagen
-  Natural buffers eliminate acidosis and diarrhea side effects
-  Contains additional minerals, often depleted when taking large doses of vitamin C.

APPLICATION:

One tablet twice a day with food

ADDITIONAL NOTES:

WHAT IS VITAMIN C?

Vitamin C, or ascorbic acid, belongs to a class of vitamins termed water-soluble nutrients. This means that, unlike the fat soluble vitamins, A, D, E, and K, the body does not store vitamin C for long periods and should be replenished throughout the day and evening for optimum health.

WHAT IS THE FUNCTION OF VITAMIN C IN THE BODY?

A primary function of Vitamin C is to maintain collagen. Vitamin C also helps form red blood cells.

DON'T I GET ALL THE VITAMIN C I NEED FROM A GLASS OF ORANGE JUICE?

One glass of orange juice contains approximately 45 mg of Vitamin C. Research now suggests that the body needs higher levels of ascorbic acid. You may require anywhere from 500 mg to 2000 mg daily, depending on your stress level and lifestyle.

CAN TOO MUCH VITAMIN C BE TOXIC TO THE SYSTEM?

The answer is no. Vitamin C is extremely safe even at high levels. When high levels of Vitamin C are given, the body simply discharges whatever it cannot use.

WHAT FACTORS AFFECT THE USE AND STORAGE OF VITAMIN C IN THE BODY?

Factors such as coffee, tea, smoking, illness and strenuous physical and mental stress all deplete Vitamin C levels in the body. The following drugs also tend to deplete Vitamin C: Aspirin, Betapar, Brevicon, Cortisone, Demulen, Enovid, Indocin, Norinyl, Orasone, Prednisone, and Sterazolidin.

WHEN SPEAKING ABOUT VITAMIN C FORMULATIONS, WHAT DOES THE TERM "ASCORBATE" REFER TO ?

"Ascorbate" (which should not be confused with Ascorbic Acid) is the term applied to the hooking up of a Vitamin C molecule with a mineral ion. ALL Vitamin C must link with a mineral before it can be absorbed into the blood stream. Often times, we do not have the proper minerals at the right time and in the right place for Vitamin C to be properly utilized.

WHAT ARE THE ADVANTAGES OF UNIQUE C 1000 FROM FOODSCIENCE?

UNIQUE C 1000 is Vitamin C formulated in the ascorbate form. By supplying minerals along with Vitamin C in the tablet, UNIQUE C 1000 assures immediate assimilation of Vitamin C in the body.

Additional benefits include:

1. UNIQUE C 1000 provides a buffer. Vitamin C, in large amounts, will cause acidosis, or a burning sensation, in the urinary tract. Diarrhea is another possible side effect. Because UNIQUE C 1000 is in the ascorbate form, the presence of minerals acts as a natural buffer and eliminates these side effects.
2. UNIQUE C 1000 is in a Prolonged Release form, which assures continued availability of this water soluble nutrient for four to six hours.
3. UNIQUE C 1000's complete formula includes bioflavonoids (vitamin P), which increase the effectiveness of Vitamin C by 50%.

WHAT MINERALS ARE INCLUDED IN THE UNIQUE C 1000 FORMULA?

Calcium, Magnesium, Zinc, Manganese and Potassium are included in the UNIQUE C 1000 formulation. The diuretic effect accompanying higher intake of Vitamin C often depletes the body's store of vital minerals. UNIQUE C 1000 actually provides a source of minerals.

WHY ARE 100 MG OF PECTIN INCLUDED IN UNIQUE C 1000?

Pectin is necessary when high levels of Vitamin C are present. It is beneficial in preventing possible side effects including diarrhea. Pectin has also been shown to be beneficial in lowering cholesterol levels.

WHAT ABOUT THE LESS EXPENSIVE BRANDS OF VITAMIN C AVAILABLE THROUGH DIRECT MAIL AND IN SOME HEALTH FOOD STORES? AREN'T THEY A BETTER BARGAIN?

Consumers should beware of "bargain" nutritional products. Again, here the old adage

of "you get what you pay for" usually applies. Many of these cheaper products have low potency and will have little, if any, biochemical effects on the body.



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